In 2013 - 2014, HKUGAPS decided to become more green as part of the school theme and to help conserve limited resources on Earth. How have we done?

Let us first take a look at all the activities we had participated in and the new facilities we had built in the past year:

Activities
- Clean plate activity
- BYOB ('Bring your own bottle')
- BYOT ('Bring your own towel')
- Printer ink recycling project
- Schoolbag recycling project
- Greenhouse planting activity
- 'No air conditioner' night
- 'No lights' night
- Green Monday

Facilities
- Recycling bins
- Butterfly path

Look for this box the next time your ink cartridge is empty!

Based on the overall student and teacher participation for the activities above, it can be safe to say that HKUGAPS has definitely become greener! Read on to find out which activities were the most memorable in the opinion of our TIMES' writers.

Tiffany: I think that the Clean Plate activity has made a bigger difference than the others because we usually have a lot of food wasted at lunch, but when the activity is held that day, all the classes try to eat everything to win it, and the only waste I see now is bones!

I've learnt that even when we are not having a competition or when we are at home, we can also try to clean our plates up. If we can't finish our food, we have to remember to eat fewer snacks at recess and order less next time! Be a food angel - try to finish eating your food every day!

Aurora: I think the printer ink recycling project is most important because most people usually just throw their ink boxes away instead of recycling them. Recycling helps decrease trash in our environment! Therefore, I encourage people to support activities like this.

Although other places might not hold competitions or give out prizes for doing something green like at our school, I still hope everyone will help and save the Earth. After all, nobody likes to live on a polluted planet, right?
Green Highlights

On the 7th November, 2014, I interviewed one of the heads of GSDC, Ms. Winnie Lo, to find out more about this 'secret society'.

Like the ‘Secret Seven’ who help others in Enid Blyton’s book that we have just finished in P5, the GSDC (Green School Development Committee), which was established in 2013 - 2014, was founded to solve a problem - environmental damage. It was created to promote a sustainable green living style and culture and the team set up a school - based green policy. They are helping because the issue of conservation is one of the main aspects for building a better world for future generations.

Last year, the P4 students went on an environmental trip to Taiwan in late June to learn how to live greener lives. One of the questions that GSDC asked students to think about was, “Where can we recycle when we are traveling?” Many well-developed countries have their own recycling policy and facilities so we must pay attention and try to follow these green examples.

“Change your mind, change your habits and living style at school or even at home! Find a balance between convenience and going green!” encourages Ms. Lo. These are some valuable tips to reduce your carbon footprint!

GSDC and HKUGAPS students gaining more knowledge about green practices around the world...like in Taiwan!

For our first ever ‘ELA Spotlight’, Mr. Samuel Wong, a teacher of the Green Warriors club, was interviewed about how the Green Warriors help our school and the environment in Hong Kong.

The Green Warriors met dolphins up-close in Ocean Park to learn how to play with them, but it didn’t seem to be an easy job. Just look at that lovely dolphin!
In Hong Kong, waste can be separated into many types: solid waste, construction and demolition waste, and chemical waste. We cannot do a lot about the last two but we can easily recycle solid waste*, thanks to one social enterprise in Hong Kong called HK Recycles.

They were founded in 2012 with a mission to provide a convenient* recycling solution by collecting recyclables at your home or office. They work with recycling plants which process what HK Recycles collect into reusable material rather than being thrown into a shrinking landfill.

In 2012, Waste Atlas 1st Report stated that Hong Kong produces 3.3 million tons of rubbish every year. This is too much for our country to handle and we are running out of landfill space. While it is true that there are public and private recycling bins available around the city, not all of it gets recycled. Paper and metal are usually sorted properly plastic and glass are mostly thrown away, even though they can be recycled. The founders realized how bad the situation was so they started HK Recycles.

HK Recycles is a good example of people who love the Earth and took action to save it. They take recycling seriously and work with the community to lessen the impact that trash is making on the environment*.

How do they work?

• Pick up recyclables from your own home or office.
• Take your paper, plastic, glass and metal to real recyclers, not landfills.
• Train people with special needs to do an important and worthwhile job for the Earth.

**Not So Bright, Please!**

By Tiffany

Nights in Hong Kong are filled with beautiful lights, but the truth behind it is not so bright…

Hong Kong has been a popular tourist sight and one of the reasons for its popularity is the nightly light show and its amazing view. However, turning on too many lights and making them too bright causes light pollution that brings a lot of side effects to us and the ecosystem, too.

Turning on too many lights can increase headaches, cause more stress and increase anxiety. Stars can no longer be seen in the city. Animals get confused because when it is supposed to be nighttime, the sky is still brightly lit with artificial lights and they do not know whether to sleep, eat or play. Owls, bats and baby animals are the most badly affected. Hong Kong was even declared ‘the worst in the planet’ last year! This is not something to be proud of.

What can we do to help? We can start by turning off all unnecessary lights and if you can, dimming them so they are not as bright. Slowly, we can make the world a greener place. We are all responsible for doing our part!
Eating more vegetables is healthier and in doing so, we release less methane. Eat more of them every Monday!

Do you know what “Meatless Monday” is? “Meatless Monday” is HKUGAPS’s version of “Green Monday”. On the 17th of October, 2014, two volunteers from “Green Monday” talked to us about the world getting warmer. We need to stop global-warming because the ice will melt and the water in the sea will rise. Therefore, the sea will eventually flood the countries. The world will be covered by water.

The volunteers said that we could stop it by eating less meat. The process of feeding animals will lead to the greenhouse effect. It will make the temperature rise worldwide.

They suggest for us to eat green (that means vegetables!) on Mondays so we must eat less meat, especially beef. Cows emit a lot of methane gas through belching. We learnt that one cow gives out 100 to 200 liters of methane in one day. To put it clearly, this is an enormous amount comparable to the pollution produced by a car in a day.

Cows have four stomachs are filled with bacteria which aid in digestion and produce methane. To prevent the world from drowning, we need to eat more vegetables and less meat.

Every person has a responsibility to save the world so eat less meat!

Do you know how to ‘buy’ books without spending any money? HKUGAPS does! In our school, there will be an activity called a book swap.

We will swap, or exchange, our books that we have already read during our ‘Reading Fortnight’ in April 2015! If we swap our books after reading, we can read books without spending any money and learn more English words. Remember, it is only for English books! If you want to swap your book with a ‘new’ one on that day, you may bring your English book to school and receive a ticket. The number of books you bring to school equals the number of tickets you can have to get a ‘new’ book. The Book Swap station will be set up outside English Land so you can go to the reading corner and enjoy your new treasure immediately if you’d like!

How many new books will you go home with that day? What will you bring - mysteries, comics, adventure stories, fact books? Whatever you choose to exchange that day, it will be a fun experience which is good for your brain and the Earth. Bonus!

Miss Stephanie, Miss Jacqueline and Miss Amy explaining to ELA classmates how to create a newspaper using a Daily 7 layout.

The ELA TIMES team was lucky enough one Friday as they were treated to a special presentation by Kids Dailies’ editors Miss Stephanie and Miss Jacqueline. Along with Miss Amy, the guests explained to ELA classmates how to create a newspaper in 5C’s classroom so that we could learn the process for our own newspaper.

The newspaper needs to have an attractive headline, picture, caption and byline. First, the writer researches and writes the article. Then, the editor chooses the interesting headlines, designs the “layout” of articles and photos to prepare the newspaper for printing and corrects any spelling or grammar mistakes. Finally, the team can send it off to the publishers.

Maybe someday you will create your own Kids Dailies! Until then, you can find out more on their website: www.kidsdailies.com.

Meatless Monday
By Belle

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Every person has a responsibility to save the world so eat less meat!

Books can be ‘reused’, too. Look - the worm is reading books as well!

A Visit from Kids Dailies
By Alvin

By Venus

HKUGAPS’ 1st Book Swap

By Venus
Students from P5 to P6 were invited to submit captions for fabulous pictures from our 2014 Picnic Day. The captions were selected based on creativity and humour. Here are the winners below – congratulations!

“This P.3 girl who is sitting in a wooden cart doesn’t know that she is riding in a wooden time machine!” – Ken Hilton (P6)

“Watch out! Falling down is not a good idea...” – Cyrus Ng (P6)

“Hey buddies, hold on tight! Our train ride will begin.” – Aurora Chua (P5)

“The playground, which is full of students, is an amazing place for future stunt men & women.” – Marco Yau (P6)

“Chinese billiards which used to be a popular game is very exciting and challenging.” – Julian Leung (P6)

“The P6 students who joined the skipping competition are excited.” – Anissa Chow (P6)
In the 5-A-Side football competition, our school football team was in group 15A. There were 216 teams in this competition. The competition was held on Hing Fong Football Pitch. Three teams were in one group. In the first and second match, we came across huge and tall opponents. They looked like F.1 students! Luckily, we had won 10-0 and 1-0, and were promoted to round 32!

In round 32, we came across Wah Yan football team. That day was hot, but it was an exciting match! We had attacked many times, but it was still 0-0! There was one time when Wah Yan stole our ball and they passed it to their forward. He dribbled the ball very quickly, and our last defender had totally collapsed! The forward shot the ball and he scored. In the end, we lost 1-0.

After that, we felt very sad, but we will try to win next year! To do this, the team will need to train at least two times in one week and remain persistent in the game.

On the 24th of October, 2014, our Swimming Team joined a swimming gala at the Victoria Swimming Pool. They won countless awards because they practiced a lot after school.

On that day after the fourth lesson, they left school and went to the Victoria Swimming Pool for the Hong Kong Island East Swimming Gala. It started at 2:00 p.m.

The best Swimmer in our school was KC Leung from 6D. She won two gold medals in the 100-metre freestyle and 50-metre backstroke. In addition to KC’s awards, there were many other P.6 students who won medals, too!

After these wonderful results, hopefully you would all have learnt how hard work leads to great achievement, as seen in the efforts of our talented Swimming Team. We at the TIMES wish you all the same success in our School Swimming Gala in June 2015!

<table>
<thead>
<tr>
<th>Girls in the B grade section</th>
<th>Gigi Lee</th>
<th>50-metre Breaststroke 3rd runner-up</th>
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<tbody>
<tr>
<td>Sarah Chow</td>
<td></td>
<td>50-metre Butterfly 3rd runner-up</td>
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<tr>
<td>4x50 relay</td>
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<td>3rd runner-up</td>
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<td>Overall result</td>
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<td>2nd runner-up</td>
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<th>Girls in the A grade section</th>
<th>Pedrey Ng</th>
<th>50-metre Breaststroke Champion</th>
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<tbody>
<tr>
<td>Melody Wong</td>
<td></td>
<td>100-metre Breaststroke 1st runner-up</td>
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<tr>
<td>KC Leung</td>
<td></td>
<td>100-metre Breaststroke Champion</td>
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<tr>
<td>Hayley Chueng</td>
<td></td>
<td>50-metre Freestyle 3rd runner-up</td>
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<tr>
<td>Eunice Lam</td>
<td></td>
<td>100-metre Freestyle Champion</td>
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<td>4x50 relay</td>
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<td>50-metre Backstroke Champion</td>
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<td>Overall result</td>
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<tr>
<td>Gavin Chan</td>
<td></td>
<td>100-metre Breaststroke 3rd runner-up</td>
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<tr>
<td>Wong Shueng Yan</td>
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<td>50-metre Butterfly 1st runner-up</td>
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I work at Scary Farm with Farmer Joe and Farmer Helen, and this is what we do every day.

First, I drive the monsters onto the wide, green fields. Next, Farmer Joe feeds the cute, little bats. Then, I muck out the smelly, dangerous and quiet cage. After that, Farmer Helen counts the spiders. Finally, we collect the snakes’ eggs. We love to work on Scary Farm. All the work on Scary Farm is fun and we love our animal friends.
Stepping Out
By Diego (3C)

CRAFT
By Sylvia (3D)

Shape Poem
By Hayley (4B)

How to Make a Craft
By Sylvia (3D)

Pop-up Book
By Trevor (4A)
The Haunted House

When the sun is setting,
Darkness and moon are appearing.
If you walk inside,
You will feel something standing by your side.
It will make your face turn white
And shiver in fright.
It will make you shriek in horror
And tremble with terror.
You will run away
Even if there is no way.
When you are still alive,
You will never arrive.

HKUGAP IS FALLING DOWN

By Perry (6B)

MONSTER CARD

By Maggie (6D)
In Cambridge, I have many memorable experiences and learned many things. I also tried many new things, including punting, going to Safari Park and watching “The Phantom of the Opera” in Her Majesty’s Theatre. The most memorable thing was to meet and get Author’s autograph.

On 4th August 2014, I was so excited that day because I could meet an Author whose name was Victor Watson. We went to Wolfson Hall to meet him after lunch. At first, he introduced his four books which were a series of fiction about World War II. The first one was Paradise Barn which was also the name of the series. The story was about Molly, Abigail and Adam, who were evacuees from London solving an unusual death in the beginning of the War. The second book called Deeping Secrets was set during Atlantic War. The third one named Hidden Lies happened before the D-Day. It was an important battle happened in Normandy Coast so I remembered that day. Everyone A Stranger was the last book and it was set in the war which was coming to an end.

After he introduced the books, it was the time to ask questions. He also shared that his experiences of meeting other authors, including Michael Morpurgo who wrote War Horse. In the end, we could buy books, get his signature and take photos with him. I did all of them. That day was so amazing.

Ah…..the pleasant memories of the Cambridge Programme. There have been plenty of those, of course, but this is the one I was most fond of: the giant wind turbines of Swaffham.

Now, wind turbines are everywhere. Literally, all around the globe, even Hong Kong, so you might think that this one would be the same, only able to be gazed from a distance. But no. One of them has a hollow “stalk” and has an observation deck on it and people can actually go up the wind turbine and see most of Swaffham. There are a total of 305 steps to get up to the observation deck, so it is pretty tiring. Also, the stairs constantly shake and vibrate as people walk. It gives you the feeling that the stairs are about to fall down, so it is a pretty scary experience for some people! Some of my friends were gasping while gripping the handrails as hard as they could! (Also, they kept looking down. That made them even more scared. NEVER do that when you are scared of bloody heights!)

After you go up the stairs, you will reach the observation deck, which is a super-high view of the countryside: fields of gold, little cars, (which are as small as ants) and even more (smaller) wind turbines in the distance. The people there said that the electricity generated went to the people who lived below and cities even further. Since Britain is very windy, I believe the people will never have to worry about power shortages! Of course, there are downsides, as it is even more wobbly at this position and the blades will obstruct you from taking photos!

So, if you are planning to be part of the Cambridge programme, this is the most exciting outing to go on, and I totally think that you (whoever is reading this) will enjoy it very much.
I would like to recommend a movie called “Alexander and his terrible, horrible no good very bad day”.

A boy who’s called Alexander has an awful day, as seen in the title. This movie was made in the USA.

Alexander’s day begins with a gum stuck in his hair, followed by more trouble. He made a wish that his family would have a bad day. Then one day his mum, dad, brother and sister all find themselves having a terrible, horrible no good very bad day.

I like this movie because it is interesting and funny, and his family experiences some horrible and funny incidents. One example is when Alexander’s brother leaves the car. He opens the door but it falls off as another car bangs on it. The most important thing I learnt from this movie is not to laugh at people.

This movie is 81 minutes long. The main stars are Steve Carell and Jennifer Garner. I hope you watch this movie because it will make you laugh all day.

Today, I will review a book called ‘Treasure Island’ which can be found in libraries and book stores. It is written by Robert Louis Stevenson. This one, however, is an adaptation by Geronimo Stilton.

This book is about a mouse called Jim Hawkins who lived in the United Kingdom. He found out that a pirate called Captain Flint hid his treasure on an island called ‘Treasure Island’ near the northeast side of South America.

“Don’t trust any pirate with one leg,” Captain Bones, the captain who was the partner of Captain Flint said.

Nevertheless, Jim goes on the journey and discovers another secret.

If you want to know how Jim gets to the island and finds the treasure, read this book!

I recommend this book because it is an interesting classical tale and I think P4-6 students would enjoy this book.

Have you ever listened to the song Moonlight Sonata before? I suggest you do! Moonlight Sonata is by Ludwig van Beethoven.

I want to introduce this piece because it is very popular. The title, ‘Moonlight Sonata’ translates to music that sounds like a fantasy. The song’s melody is like people looking at the moon at night with many stars surrounding it. The melody is very smooth, and the entire piece is one hour long. This seems like a long song, but it will pass by easily because the music is like a dream.
Time: 30 minutes or fewer  
Serves: 8 people

Ingredients:  
- 6 cups freshly popped hot popcorn  
- ¾ cup roasted almonds, coarsely chopped  
- 6 Tbs. butter  
- 1 cup light brown sugar  
- ¼ cup plus 2 Tbs. light corn syrup

1. Line large baking sheet with aluminum foil.  
2. Place popcorn in very large heat-proof bowl with room for stirring.  
3. Sprinkle almonds on top.  
4. Melt butter, brown sugar, and corn syrup in medium saucepan over medium heat, stirring to combine.  
5. Place candy thermometer in mixture, and let mixture come to a boil.  
6. Stir frequently with spatula to prevent caramel from burning until caramel candy thermometer reads 280°F.  
7. Remove pan from heat, and season with salt, if desired.  
8. Working quickly, drizzle popcorn and nuts with caramel, tossing rapidly with two spatulas to coat popcorn and nuts and prevent clumping.  
9. Spread on foil-lined sheet pan, and let cool at least 10 minutes.